



# MASTER OF OCCUPATIONAL THERAPY



University of Findlay

## Program Overview

The mission of the Master’s Program (MOT) is to prepare occupational therapists who value clinical and professional reasoning, implement contemporary evidence-based, community-focused, and occupation-based approaches to practice grounded in the tenets of humans as occupational beings. Graduates are ethical, reflective, autonomous practitioners who are leaders in a variety of meaningful professional roles for service with diverse populations.

MOT students benefit from the university’s state-of-the-art cadaver lab to enhance their understanding of the human body. Hybrid courses offer face-to-face interactions and classroom space includes multiple skill labs and an OT Adaptive Living House that are used to provide hands-on learning experiences. Students gain knowledge, critical thinking, and skills necessary to support individuals’ day-to-day activities.

## Program Highlights

The MOT Program course sequence allows working adults with busy lives, jobs, and families to pursue a graduate degree. The weekend hybrid structure of this program makes it possible for students from other states to commute and complete their degree. On-campus classes are scheduled one day per weekend with a maximum of four times per module.

The MOT program offers multiple entry points to accommodate a variety of academic backgrounds. Eligible candidates include students who have already earned a bachelor’s degree from an accredited college or university or have earned an associate degree in Occupational Therapy (OTA) or Physical Therapy (PTA) and are enrolled in the University of Findlay Bridge Accelerated Pathway MOT Strand or are enrolled in or have completed a bachelors degree. Healthcare experience is preferred, although it is not required.

## WHY MASTER OF OT?

Choose the Master of Occupational Therapy (MOT) to lead in a high-impact, fast-growing field—projected to grow 11% by 2033—as you empower people to live fuller, more independent lives. Ranked #8 in Best Health Care Jobs by U.S. News & World Report, MOT offers the skills, leadership, and clinical expertise to thrive in today’s top health care settings.

## ABOUT OUR FACULTY

Full-time OT faculty have extensive expertise across all areas of practice including academia, pediatrics, community-based mental health, and physical rehabilitation.

**15:1**

student-to-faculty ratio ensures individual attention

**5**

hands-on fieldwork experiences

**800**

fieldwork locations nationwide

RECENT GRADS WERE HIRED AT COMPANIES LIKE THESE:



NATIONWIDE CHILDREN'S



## PROGRAM OUTCOMES



Scan the code to check out the latest details and stats related to the UF Occupational Therapy Program.

## ACCREDITATION STATEMENT

The entry-level occupational therapy master's degree program is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 7501 Wisconsin Avenue, Suite 510E, Bethesda, MD 20814. ACOTE's telephone number c/o AOTA is (301) 652-AOTA and its web address is [www.acoteonline.org](http://www.acoteonline.org).

## Admission Requirements

Students wishing to apply for admission to the MOT Program must have completed the following admission criteria:

- Minimum overall grade point average of 3.0
- Completion of baccalaureate degree from an accredited institution
- Completion of the Occupational Therapy Central Application Service (OTCAS) application.
- Three satisfactory professional recommendations

## Prerequisite Courses

Candidates must also have completed the following prerequisite courses with a "C" or better prior to beginning the program:

- BIOL 201 & BIOL 201 L Introduction to Anatomy & Physiology w/ Lab  
OR BIOL 222 & BIOL 222L Anatomy & Physiology for Health Professions I w/ Lab  
AND BIOL 223 & BIOL 223L Anatomy & Physiology for Health Professions II w/ Lab
- ANHS 220 Medical Terminology
- PSYC 100 General Psychology
- PSYC 208 Lifespan Development
- PSYC 233 Abnormal Psychology
- MATH 221 Integrated Statistical Analysis  
OR MATH 223 Applied Statistics & Data Analysis
- SOCI 105 Introduction to Sociology

## MOT Professional Courses beginning each January

- Occupational Therapy Context, Occupation & Meaning
- Structures of Human Anatomy
- Client-Centered Care
- Analysis of Everyday Occupations
- Foundational Science & Theories in Occupational Therapy
- Movement Analysis of Occupation
- Research Methods
- Group Process and Skills for Occupational Therapy
- Professional Roles and Ethics in Occupational Therapy
- Neuroscience for Occupational Therapy
- Educational Methods for Occupational Therapy
- Evidence-Based Practice
- Health Conditions in Occupational Therapy
- Health Care Systems
- Biopsychosocial Influence on Occupations
- Level I Fieldwork A - Pediatrics
- Occupations through the Lifespan - Pediatrics
- Population-Based Occupations: Health Promotion and Wellness
- Occupations through the Lifespan - Adult
- Occupational Therapy Community and Program Development
- Technological Occupations
- Level I Fieldwork C - Community
- Level I Fieldwork B - Adult
- Occupational Therapy Process in High Definition
- Leadership & Management in Occupational Therapy
- Occupations through the Lifespan - Geriatrics
- Occupational Therapy Level II Fieldwork A
- Occupational Therapy Level II Fieldwork B



### **"Well-rounded and not just 'educated'."**

*"I feel that I am going to leave The University of Findlay well-rounded and not just 'educated'. The faculty does such a wonderful job of talking about the future of healthcare, ethics, advocacy and laws. I really appreciate the time and effort Findlay instructors put into the curriculum and classes."*

**– Kara van Doesburg**



# *Your career as an* OCCUPATIONAL THERAPIST

*What are the possibilities?*

Take a look at these sights for a glimpse into the OT profession.

OT Practice:  
Pediatrics



A Day in the  
Life of an OT:



Best Careers  
2023:



OT Practice:  
Geriatrics



Social media  
and OT website:



Have any questions?  
Call the OT office at  
419-434-6936 or email  
occupationaltherapy  
@findlay.edu

American  
Occupational  
Therapy  
Association:



University of Findlay  
Occupational Therapy

# What Is Occupational Therapy?

Occupational therapy (OT) helps people do the things they want and need to do every day. It helps people of all ages, from babies to seniors, with disabilities, injuries, conditions, or illnesses live more independently and enjoy their lives more fully.

WHY CHOOSE OT?



## What Are Occupations?

Occupations are the things you do from the moment you wake up until you go to sleep. Think of them as anything that “occupies” your time during the day—taking care of yourself or loved ones, working, going to school, hobbies—**anything you do to live your life.**



## How Do Occupational Therapy Practitioners (OTPs) Help People?

### • PHYSICAL GOALS

OTPs assist people with physical disabilities, injuries, illnesses, or cognitive conditions and help them learn or adapt to do things.



### • INTELLECTUAL GOALS

OTPs help people with developmental differences—such as memory problems, ADHD, or dementia—develop customized skills, interests, and goals.



### • SOCIAL-EMOTIONAL GOALS

OTPs support individuals with social-emotional challenges like anxiety, depression, PTSD, or other mental health conditions, by fostering coping skills, self-awareness, regulation, and building relationships.





## Where Do Occupational Therapy Practitioners Work?

They work in a variety of settings—including hospitals, schools, clinics, skilled nursing facilities, community centers, health care facilities, and they can even come to your home.

## Who Are Occupational Therapy Practitioners?

### Occupational Therapist (OT)

OTs are responsible for assessing a person's conditions and needs and creating a treatment plan that will help them reach their goals.

### Occupational Therapy Assistant (OTA)

OTAs work closely with OTs to develop treatment plans and play a pivotal role in implementing therapy sessions.



**Being able to participate in meaningful activities contributes to health, identity, and wellbeing!**



Want to learn more about Occupational Therapy?  
Interested in OT as a career?

Visit **WhyChooseOT.com**



# Help People Live Their Best Lives

# Become an Occupational Therapist

WHY CHOOSE OT?



Occupational therapy (OT) is a healthcare profession that helps people of all ages participate in the meaningful activities they need and want to do, regardless of injury, disability, or health condition. OT is an inspiring and rewarding profession that combines hands-on care and creative problem-solving to change lives.

## Why Choose Occupational Therapy?

- Start working as an OT in 2-3 years after earning your bachelor's
- Transformational, rewarding work
- Holistic care and meaningful patient relationships
- Diverse career opportunities and settings
- Job stability and growth
- Constantly-evolving field for a dynamic career
- Work-life balance with flexibility

"Occupational Therapy was a calling for me as it was the only rehab profession that I found to balance the importance of mental, physical and social health in order to promote one's quality of life and independence."  
Lauren, OT

"I chose OT because it is a profession that is both a science and an art. The facts and techniques are based in research, however how you apply them can be very creative."  
Colleen, OT

Median Salary  
**\$93,180**  
(2022)\*

OT employment is projected to  
**grow by 12%**  
by 2032\*



\*U.S. Bureau of Labor Statistics

Undergraduates with strong transferable skills, such as **active listening, teamwork, organization, flexibility, and critical thinking skills**, are well-positioned to succeed in OT grad school and beyond.

## Occupational Therapy Areas of Practice

Adult Rehabilitation  
Pediatrics  
Orthopedics  
Ergonomics  
Mental Health  
Older Adults  
Developmental Disability  
Home Health  
Assistive Technology  
Health & Wellness  
Neurorehabilitation  
Education  
Research  
Equine Therapy  
And More...



**WHY CHOOSE OT?**

# Pathway to Becoming an Occupational Therapist

- 1 Complete an undergrad degree.
- 2 Explore and apply to an accredited Occupational Therapy (MOT) or Occupational Therapy Doctoral (OTD) program.
- 3 Graduate with a MOT or OTD degree.
- 4 Pass the national occupational therapy board exam and earn OTR® certification.
- 5 Obtain a state license to practice.

### Common Course Prerequisites\*

Anatomy and physiology  
Physics  
Statistics  
Developmental psychology  
Biology  
Psychopathology  
Sociology/Anthropology  
Kinesiology  
Medical Terminology

\* Check the websites of the schools you're applying to for program-specific requirements.

### Popular Undergraduate Majors

Kinesiology  
Biology  
Psychology  
Exercise physiology  
Chemistry  
Health sciences  
Education  
Sociology  
Therapeutic recreation  
Non-traditional majors (e.g. Art & Theater)

To learn more about real-world OTs and for information about OT programs, visit

**WhyChooseOT.com**



# OCCUPATIONAL THERAPY ADAPTIVE LIVING HOME

The University of Findlay's Occupational Therapy Program is committed to providing learning opportunities for occupational therapy students, community agencies, healthcare professionals and outreach to individuals living in the community. . The focus is on home modifications and technologies necessary for anyone needing assistance with the occupations of everyday living.

## PURPOSES OF OT HOME

### I. Education

The Occupational Therapy Home is a hands-on learning experience for occupational therapy students. The students gain knowledge and skills for older individuals through adapting homes and using assistive devices.

### II. Research

Resources such as occupational therapy materials and journals are in the house for student use. Research projects regarding older adult independence and performance are studied by occupational therapy students. The OT Home offers the opportunity for students to study home modification and assistive devices.

### III. Outreach

The occupational therapy faculty and students at The University of Findlay also offer outreach to teach the community on various topics including:

- Aging in Place
- Home Modification
- Adaptive Equipment
- Life Skills Training

## TARGETED AUDIENCES

- Occupational Therapy students
- Clients of all ages
- Caregivers
- Health Professionals

## SERVICES

- Assessment, evaluation and intervention
- Opportunity to view and try out assistive technology
- Information on home modifications
- Information on home safety
- Assistive devices for independence
- Educational programs
- Research projects
- Grant writing



## KEY IDEAS

### Aging in Place

"Aging in place" is defined as growing older without having to move from one's current place of residence, in order to secure necessary support services in response to changing needs.

- Some 70% of seniors spend the rest of their life in the place where they celebrated their 65th birthday.

### Universal Design

The design of products and environments to be used by everyone with-out the need for adaptation.

- The intent of universal design is to simplify life for everyone by making products, communications, and the environment more usable for everyone at little or no extra cost. Universal design benefits people of all ages and abilities.



The information provided includes the results of the 2023 AOTA Salary and Workforce Survey which asked questions about the 2022 calendar work year. With more than 11,500 responses, this is the most comprehensive data for workforce, salary, and benefits known to AOTA. The survey was distributed via email to everyone who had opted in to receive AOTA communications (including members, former members, and nonmembers). Although this is the most comprehensive data available, caution should be used when interpreting the results to avoid over generalization. AOTA members can get a free customized report based on the responses to the survey by visiting [www.aota.org/VANITY\\_URL](http://www.aota.org/VANITY_URL). A more detailed description of methods is also available at this link.

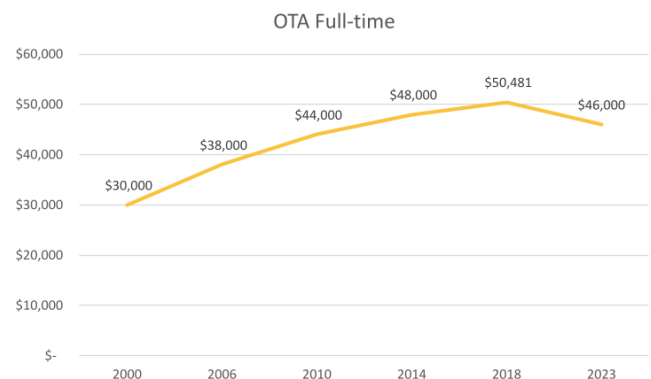
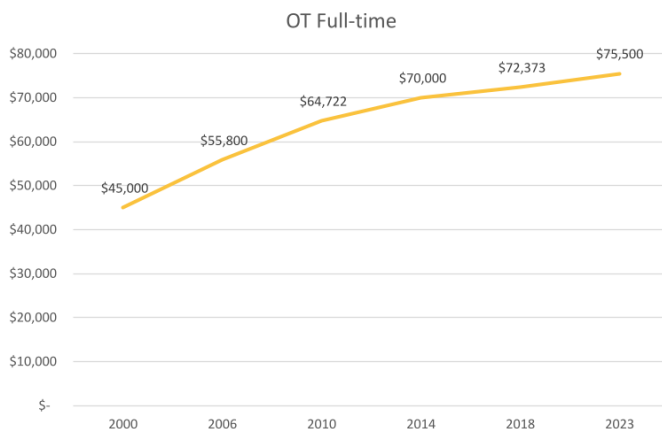
## Salary by Region

Salaries vary by region of the country. This may be a factor of cost of living as well as supply and demand.

For OTs, Pacific states have the highest median salary. For OTAs, other states and territories have the highest median salary followed very closely by Pacific states.

|                    | Region             | 10 <sup>th</sup> Percentile | 25 <sup>th</sup> Percentile | 50 <sup>th</sup> Percentile<br>Median | 75 <sup>th</sup> Percentile | 90 <sup>th</sup> Percentile | % of Each License |
|--------------------|--------------------|-----------------------------|-----------------------------|---------------------------------------|-----------------------------|-----------------------------|-------------------|
| OT                 | East North Central | \$36,880                    | \$58,000                    | <b>\$72,000</b>                       | \$85,000                    | \$100,000                   | 20.95%            |
|                    | East South Central | \$43,000                    | \$60,836                    | <b>\$75,000</b>                       | \$90,000                    | \$105,270                   | 4.25%             |
|                    | Middle Atlantic    | \$45,000                    | \$63,000                    | <b>\$79,809</b>                       | \$94,186                    | \$110,000                   | 13.05%            |
|                    | Mountain           | \$30,500                    | \$60,125                    | <b>\$79,250</b>                       | \$93,875                    | \$114,000                   | 6.63%             |
|                    | New England        | \$42,000                    | \$62,000                    | <b>\$76,000</b>                       | \$92,000                    | \$105,900                   | 6.90%             |
|                    | Pacific            | \$40,000                    | \$70,000                    | <b>\$88,000</b>                       | \$108,000                   | \$124,840                   | 10.13%            |
|                    | South Atlantic     | \$36,000                    | \$60,000                    | <b>\$78,000</b>                       | \$92,000                    | \$107,000                   | 15.36%            |
|                    | West North Central | \$40,000                    | \$60,000                    | <b>\$73,000</b>                       | \$87,000                    | \$100,000                   | 11.53%            |
| West South Central | \$32,000           | \$61,000                    | <b>\$76,291</b>             | \$92,000                              | \$109,700                   | 11.21%                      |                   |
| OTA                | East North Central | \$12,898                    | \$30,000                    | <b>\$45,000</b>                       | \$54,000                    | \$64,000                    | 20.95%            |
|                    | East South Central | \$5,800                     | \$30,000                    | <b>\$43,000</b>                       | \$55,000                    | \$62,600                    | 4.25%             |
|                    | Middle Atlantic    | \$6,000                     | \$32,650                    | <b>\$49,000</b>                       | \$62,700                    | \$72,000                    | 13.05%            |
|                    | Mountain           | \$16,780                    | \$38,000                    | <b>\$54,500</b>                       | \$65,000                    | \$75,000                    | 6.63%             |
|                    | New England        | \$25,600                    | \$38,000                    | <b>\$48,000</b>                       | \$54,500                    | \$71,600                    | 6.90%             |
|                    | Pacific            | \$15,000                    | \$40,000                    | <b>\$54,000</b>                       | \$65,000                    | \$80,000                    | 10.13%            |
|                    | South Atlantic     | \$9,200                     | \$33,815                    | <b>\$48,600</b>                       | \$60,000                    | \$70,520                    | 15.36%            |
|                    | West North Central | \$17,300                    | \$35,000                    | <b>\$45,000</b>                       | \$55,000                    | \$63,977                    | 11.53%            |
| West South Central | \$10,700           | \$36,990                    | <b>\$50,039</b>             | \$65,000                              | \$75,000                    | 11.21%                      |                   |

## Salary Over Time: Full-time



The median salary for full-time OTs continues to trend higher. However, for OTAs the median salary has decreased. The OT median salary in 2023 is \$75,500 and for OTAs is \$46,000.

# Trends in Salary by Practice Area

Academia continues to have the highest median salary for OTs and OTAs. For OTs, mental health and other innovative or emerging settings saw the largest increase from 2018. The largest increase for OTAs was in academia with decreases in other innovative or emerging settings, hospitals, and early intervention / school.

|    | Setting                                   | 2023     | 2018     | 2014     | 2010     | 2006     | 2000     |
|----|---|----------|----------|----------|----------|----------|----------|
| OT | Academia                                  | \$90,000 | \$83,000 | \$77,000 | \$70,060 | \$66,000 | \$53,000 |
|    | Community                                 | \$78,000 | \$70,860 | \$67,000 | \$68,000 | \$58,250 | \$43,062 |
|    | Home Health                               |          | \$83,200 | \$76,000 | \$68,000 | \$55,000 | \$45,000 |
|    | Free-standing Outpatient                  | \$75,000 | \$67,600 | \$65,000 | \$64,000 | \$57,000 | \$50,000 |
|    | Hospital                                  | \$79,000 | \$72,000 | \$68,000 | \$64,480 | \$58,000 | \$46,000 |
|    | Long-Term Care / Skilled Nursing Facility | \$78,000 | \$76,960 | \$73,000 | \$70,000 | \$58,000 | \$46,000 |
|    | Mental Health                             | \$78,000 | \$71,000 | \$69,000 | \$65,000 | \$53,750 | \$45,000 |
|    | Early Intervention                        | \$70,000 | \$63,000 | \$60,000 | \$59,850 | -        | -        |
|    | School                                    |          | \$76,000 | \$70,000 | \$67,122 | \$62,000 | -        |
|    | Other Innovative or Emerging Setting      | \$80,000 | \$68,016 | \$61,000 | \$58,201 | \$50,500 | \$42,000 |

|     |  |          |          |          |          |          |          |
|-----|--|----------|----------|----------|----------|----------|----------|
| OTA | Academia                                 | \$68,000 | \$62,250 | \$61,500 | \$52,000 | \$46,000 | \$37,000 |
|     | Community                                | \$45,000 | \$49,514 | \$49,000 | \$44,000 | \$35,000 | -        |
|     | Home Health                              |          | \$43,680 | \$39,500 | \$35,000 | -        | -        |
|     | Free-standing Outpatient                 | \$46,000 | \$46,000 | \$43,200 | \$41,800 | \$32,000 | \$30,000 |
|     | Hospital                                 | \$46,000 | \$53,248 | \$50,000 | \$52,000 | \$45,000 | \$40,000 |
|     | Long-Term Care /Skilled Nursing Facility | \$50,750 | \$48,266 | \$43,000 | \$42,000 | \$41,000 | \$31,053 |
|     | Mental Health                            | \$53,500 | \$52,780 | \$50,000 | \$48,942 | \$40,000 | \$30,000 |
|     | Early Intervention                       | \$41,000 | \$45,000 | \$45,000 | \$43,500 | \$39,000 | \$24,500 |
|     | School                                   |          | \$44,616 | \$39,000 | \$41,592 | \$41,500 | -        |
|     | Other Innovative or Emerging Setting     | \$48,416 | \$49,920 | \$36,000 | \$34,000 | \$31,075 | \$27,500 |

# Salary by Experience

In general, more experience in the field of occupational therapy is associated with a higher salary.

Small sample size contributes to some inconsistency in the lower and upper percentile ranges.

|     | Experience in OT | 10 <sup>th</sup> Percentile | 25 <sup>th</sup> Percentile | 50 <sup>th</sup> Percentile<br>Median | 75 <sup>th</sup> Percentile | 90 <sup>th</sup> Percentile | % of Each License |
|-----|------------------|-----------------------------|-----------------------------|---------------------------------------|-----------------------------|-----------------------------|-------------------|
| OT  | 0-1 Years        | \$13,897                    | \$40,000                    | \$61,000                              | \$72,092                    | \$82,000                    | 6%                |
|     | 2 Years          | \$40,200                    | \$57,000                    | \$67,000                              | \$75,000                    | \$85,000                    | 5%                |
|     | 3-4 Years        | \$45,266                    | \$60,000                    | \$70,000                              | \$79,000                    | \$88,000                    | 9%                |
|     | 5-6 Years        | \$45,000                    | \$61,000                    | \$73,000                              | \$83,000                    | \$93,600                    | 8%                |
|     | 7-9 Years        | \$44,972                    | \$62,000                    | \$75,000                              | \$88,000                    | \$100,000                   | 11%               |
|     | 10-14 Years      | \$42,000                    | \$62,000                    | \$79,000                              | \$91,000                    | \$105,000                   | 14%               |
|     | 15-20 Years      | \$40,000                    | \$64,000                    | \$82,000                              | \$98,125                    | \$115,440                   | 12%               |
|     | 21-25 Years      | \$45,000                    | \$68,000                    | \$84,000                              | \$98,000                    | \$115,000                   | 12%               |
|     | 26+ Years        | \$34,000                    | \$65,000                    | \$85,000                              | \$102,000                   | \$121,000                   | 23%               |
|     | Overall          |                             |                             |                                       |                             |                             | 100%              |
| OTA | 0-1 Years        | \$3,100                     | \$11,750                    | \$33,500                              | \$48,000                    | \$58,120                    | 6%                |
|     | 2 Years          | \$22,000                    | \$33,000                    | \$43,100                              | \$50,000                    | \$57,100                    | 7%                |
|     | 3-4 Years        | \$12,822                    | \$30,000                    | \$44,000                              | \$55,000                    | \$69,000                    | 10%               |
|     | 5-6 Years        | \$10,431                    | \$32,750                    | \$45,875                              | \$55,000                    | \$65,468                    | 13%               |
|     | 7-9 Years        | \$25,000                    | \$37,000                    | \$49,000                              | \$57,000                    | \$68,000                    | 13%               |
|     | 10-14 Years      | \$10,000                    | \$36,000                    | \$48,000                              | \$60,000                    | \$73,000                    | 17%               |
|     | 15-20 Years      | \$4,600                     | \$33,099                    | \$47,000                              | \$64,000                    | \$76,000                    | 10%               |
|     | 21-25 Years      | \$25,300                    | \$41,825                    | \$55,000                              | \$65,000                    | \$77,000                    | 11%               |
|     | 26+ Years        | \$19,888                    | \$38,000                    | \$54,000                              | \$68,000                    | \$78,000                    | 14%               |
|     | Overall          |                             |                             |                                       |                             |                             | 100%              |